

# MEDICAL & FIRST RESPONDER TUNE UP VIRTUAL TRAINING

## VIRTUAL FIRST RESPONDER TRAINING IDEAL FOR BUSY SCHEDULES, LIMITED TRAVEL & WORKING UNDER COVID-19 RESTRICTIONS

It is estimated that 60% of learned safety knowledge is lost 6 months after a course. Our tune up course ensures your skills are fresh and you are prepared to take the best care of crew, guests and owners.

This 4 hour, virtual course provides crewmembers with a detailed review and overview of onboard medical equipment and resources, in order to handle a medical emergency in the challenging, remote maritime environment. This course format allows the opportunity for crewmembers to undertake training on their own equipment, in their own environment.

### HOW IT WORKS

- ▶ Training is delivered remotely by one of our experienced yachting medical professional instructors
- ▶ Instructors will join you virtually on your yacht, with your equipment through a ZOOM enabled platform - at a time that works best for you
- ▶ Set up instructions will come prior to the course via email

You will also need:

- ▶ A screen to display the presentation
- ▶ A large space such as the crew mess or another gathering area along with
- ▶ An additional portable device, like an iPad or laptop with a webcam, so the instructor can view the students' demonstration of the skills practiced

### COURSE OUTLINE

- ▶ Timeline to Survival
- ▶ Assessment
- ▶ Resources - Medical Kit, Manual and App
- ▶ CPR and AED review
- ▶ Airway management with Oxygen
- ▶ Control of Bleeding & Fractures
- ▶ Stabilization and Immobilization
- ▶ Demonstrate Bone Injection Gun
- ▶ COVID-19 Considerations and Best Practices for your safety and the best possible care of your guests

STUDENTS WILL RECEIVE THE  
SAME QUALITY, ENGAGING  
TRAINING ON LIFE-SAVING  
TECHNIQUES THEY EXPECT  
FROM MEDAIRE.



# ADDITIONAL TRAINING DELIVERED VIRTUALLY

## MINI MODULES - 2 HOURS EACH

### **PPE AWARENESS**

Discussion & review of use of personal protective gear.

### **AGED CARE ONBOARD**

On board safety with the elderly, medication awareness, hypertension/hypotension safety issues, signs and symptoms of a worsening condition and specific aged care management issues.

### **ON BOARD COVID-19 BEST PRACTICES**

Review and explanation of best practices for keeping both crew and guests safe and healthy, including prevention, mitigation and case management.

### **SPECIFIC KIT REVIEW**

Review of your specific on-board equipment.

### **STROKE, HEAD, NECK AND SPINAL**

When you know what to look for, you can help others get the help they need.

### **MARINE ENVENOMATION**

Epidemiology, venom activity, clinical symptoms, diagnosis, and treatment of marine envenomation

### **COLD ENVIRONMENT AWARENESS**

Cold water immersion and recovery severe hypothermia awareness and associated cardiac issues. Review of Antarctic and Arctic specific issues.

### **MEDICAL EMERGENCIES FOR PRE-EXISTING CONDITIONS**

Medical emergencies including asthma and diabetes

### **TROPICAL ILLNESS AWARENESS**

Raising awareness of neglected tropical diseases such as malaria, leishmaniasis, schistosomiasis, onchocerciasis, lymphatic filariasis, Chagas disease, African trypanosomiasis, and dengue.

## TUNEUP - 4 HOURS

### **PAEDS TUNEUP**

Detailed review of the Paediatric Medical kit, including age stage development children, on board safety, environmental concerns, medication administration and demo of paedrs bone injection gun.

CONTACT YOUR  
ACCOUNT MANAGER TODAY  
FOR MORE INFORMATION

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